



Australian Men's Sheds Association (AMSA)

What is AMSA?

The number of Sheds throughout Australia has grown rapidly, in excess of 800, but in the early days there was no central reference source with a great deal of duplication occurring.

In April 2007 The Australia Men's Shed Association (AMSA) was set up to act as a resource centre for all Sheds to freely share information between members and for a single representative voice.

The Association represents and promotes men's health under the banner of the Shed movement and acts as a communications hub through the website and the regular newsletters, copies of which are archived on the website.

Men's Sheds play a vital role as a social determinant of health and are highly regarded by those organisations within the Men's Health movement as one of the most successful Preventative Health initiatives.

Current supporting collaborative partnerships have been developed with Beyondblue, Mensline, Hunter Prostate Cancer Alliance and the Royal College of General Practitioners.

These partners are now working with the Australia Men's Shed Association for service delivery of projects aimed at early intervention strategies.

Contact AMSA:

Website: www.mensshed.org

Ph: 1300 550 009

Email: amsa@mensshed.net



Projects Supported by....



- Branxton Greta Men's Shed -

Contact Details:

President: Kevin J. Bell
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The shed is located at 49 Branxton Street (cnr. Water Street) Greta, NSW, 2334 (within the grounds of the old St Mary's Primary School).

Website: www.huntervalleyshedclustergroup.org.au
Select: Branxton Greta Shed



Branxton-Greta Men's Shed.

INC: 9896626



“For the community and beyond”

The association is endorsed by the ATO as Deductible Gift Recipient – Health Promotion-Charity Status



Branxton Greta Men's Shed

(ladies always welcome)

We've all read reports which tell us that good health is based on many factors; including self esteem, feeling productive and valuable to society, having social relationships and being active.

Many retired people have had to downsize their living arrangements, often resulting in a man's personal space, usually a shed or workshop, being lost.

At the "**Branxton Greta Men's Shed**" you can share a variety of tools, pursue your interest in pastimes and hobbies, spend time with others with similar interests, learn new skills, or use tools for the first time, or just keep old skills honed and productive. You could also feel viable and vigorous by contributing to the community needs, mentoring youth in the area to help them gain employment and create projects of personal interest utilising your skills and expertise. You can be involved at any level of your choice.

The "**Branxton Greta Men's Shed**" has been set up to meet these needs and to provide a substitute space for "shedless" people. Besides encouraging new social activities and friendships, the Shed also provides access to other networks including local activities and addressing men's health issues. The association is a member of the Men's Sheds Hunter Cluster and the Australian Men's Shed Association.

...Encourages the reduction of social withdrawal and fosters social inclusion.

The "**Branxton Greta Men's Shed**" is a well equipped workshop where skilled and unskilled men can bond and share time, swap yarns, work together on community projects as well as personal projects.

"**Branxton Greta Men's Shed**" members can make just about anything as well as repair furniture, mowers and toys. Many items made or repaired are donated to community outreaches, though some items are sold to fund materials and new tools for the Shed and to cover operational costs.

There are many interesting activities to do – woodwork, metalwork, mechanical and hobbies.

The Shed is a place for:

- Retired and unemployed men and women to be sociable and socially active.
- Learning new skills and honing old ones, sharing company and having something to work on whilst contributing to the community.
- Great tools and interesting projects.
- Pursuing hobbies, pastimes and interests.
- Making gifts.
- Hosting of craft groups.
- Contributing to the community.
- Mentoring and making a difference to youth unemployment.

.....and underpins men's health promotion.



The Men's Sheds Hunter Cluster

On 7th of December 2007, representatives from seven Hunter Valley sheds and Centacare (CatholicCare) gathered to lay the foundations for the first incorporated cluster group - The Hunter Valley Shed Cluster Group Inc. (HVSCG) now known as the **Men's Sheds Hunter Cluster Inc. (MSHC)**. As a result, it was determined that the MSHC should assist with the construction, equipping and operation of sheds within the Hunter Region. It was envisaged that the cluster committee could adopt a holistic management responsibility as well as a decisive role to ensure continued credibility and viability for the *Shed Cluster* and its participants. The NSW Minister for the Aged the Hon. Kristina Keneally M.P. officially launched the Hunter Valley Shed Cluster Group on 26 May 2008 at the Windale Shed.

The Cluster Association is made up of sheds throughout the Hunter Valley and surrounding areas - with membership continually growing. They each maintain the common vision of sharing information, assisting new communities to develop sheds, sharing of tools and materials, and sharing friendship and companionship with others, thereby taking men's health issues and awareness to a higher level.

The cluster website is.....

www.huntervalleyshedclustergroup.org.au/